The Family Network Group (FNG) is facilitated by Geraldine Prunty (external) and meets four times a year. The group provides a welcoming space for parents and family members of SHS adults to offer and receive emotional and moral support, and to share information on local services, community resources and activities.

Our most recent meeting took place on Friday 26th September 2025 at the Taylor Centre in Bray. The group had a valuable discussion around local services and a variety of activities suitable for their adult sons and daughters.

A key theme that emerged was self-care for parents and guardians. Many useful suggestions were shared and one parent kindly led a relaxation exercise that was greatly appreciated by all attendees.

Next Meeting: Friday 28th November from 11:00 to 12:30, Taylor Centre Bray.

- All parents and family members of SHS adults are welcome to attend.
- We will be sending out email invites closer to the time.