Sunbeam House Services

Family Network Group

Terms of Reference

1. Purpose: Family Network Group

Sunbeam House Services (SHS) support the families of people we support through facilitation of a Family Network Group.

The purpose of the Family Network Group is to:-

- Facilitate family peer support;
- Share information and exchange ideas;
- Provide the opportunity for people to share personal experiences, coping strategies and firsthand exchanging of information on community services and activities.

2. Aim

The overall aim of the Family Network Group is to:-

- Facilitate a space for the parents and family members to offer and receive emotional and moral support from their peers;
- To share information on community /local services and activities;
- To foster a welcoming safe space for parents and family members to be listened to and not judged.

3. Roles and Responsibilities

- The Facilitator supports positive peer support for participants in the group.
- All participants acknowledge that all personal details discussed in the group are confidential, and are respected as such.
- The Facilitator is currently an independent person not employed, involved or with a conflict of interest within, SHS.
- The Facilitiator will communicate with SHS's Chief Executive Officer, in consultation with the group, on the group's effectiveness and/or common themes discussed.

4. Participants

- The Family Network Group will be open to all family members of people who are currently supported by Sunbeam House Services, at no cost to the participants.
- Speakers on relevant services and topics may be invited from time to time.

5. Frequency of Meetings

- Facilitated meetings will be held 4 times per year.
- Duration of meetings will be no longer than 1.5 hours.
- Meetings will be held in a Sunbeam House Services meeting room.

6. Administration of the Family Network Group work

- Communication with the participants will be provided from SHS, and the schedule of meetings will be shared in advance.

7. Approval and Review Date

- Feedback and recommendations will be provided via the Facilitator to SHS's senior management team, in consultation with the Family Network Group in January 2025.